

# SHASHANK ASANA / BALASANA

## “The CHILD POSE”



### The CHILD POSE “SHASHANK ASANA/BALASANA” (Female under-16)

Currently has been measured for 34 minutes & 49 seconds and was achieved by **Ms. Alisha** an Indian Citizen in Patiala, Punjab, India on the date 04 June 2021.

She has been received the title as

**OFFICIAL**  
“**WORLD RECORD HOLDER**”

